



DENTURE CARE

Cleaning & Care — Complete & Implant-Retained Dentures

Well-cared-for dentures look better, fit better, and keep the tissue under them healthier. Covers complete dentures and implant-retained “snap-in” dentures with LOCATOR®-type attachments.

Daily Cleaning

- Remove and rinse after eating; always clean over a folded towel or a sink of water — dentures break when dropped.
- Brush all surfaces daily with a **denture brush** and denture cleaner or mild soap. **Never regular or whitening toothpaste** — both scratch the acrylic.
- Clean your mouth too: gently brush gums, tongue, and palate with a soft brush; rinse the denture well before it goes back in.

Overnight

- Remove dentures at night — gums need 6–8 hours of rest; around-the-clock wear causes sore tissue and denture infections.
- Soak overnight in water or denture solution (a dry denture can warp). **Never hot water.** Store away from dogs and children.

Adhesives & Fit

A well-fitting denture needs little or no adhesive. Needing more and more adhesive, new sore spots, clicking, or food underneath means the fit has changed — a reline usually restores it. Call us rather than compensating with adhesive.

Implant-Retained (Snap-In) Dentures

- Clean the denture as above, plus brush around **each implant abutment in your mouth** morning and night with a soft toothbrush.
- Clean the metal housings and nylon inserts gently with a soft brush or cotton swab — never anything sharp; no bleach-containing soaks (they corrode housings and degrade inserts).
- The nylon inserts are **designed to wear** — when the snap weakens, a quick chairside insert swap restores it. Normal maintenance, not an implant problem.

Keep a yearly exam even with no natural teeth: oral cancer screening, fit checks against your changing ridge, professional cleaning, and reline planning.

Call Our Office (512-472-5633) If:

- The denture cracks, chips, or breaks — do not glue it
- A sore spot persists, or tissue under the denture becomes red or burning
- The denture loosens, clicks, traps food — or a snap-in stays loose after new inserts

Questions or Concerns? We Are Here to Help.

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Thank you for trusting us with your care. We wish you a clean, comfortable, long-lasting appliance!